

SEWING POINTE SHOES

6 easy steps!



1

Gather Supplies: Shoes, Ribbon, elastic, stitch kit (thread and needle) scissors, lighter.

2

Prep: Cut Ribbon in 4 equal parts, measure elastic, mark arches, thread needle and tie knot

3

with the shiny side of the ribbon out line up your elastic and place the ribbon in line with the arch of the shoe overlapping about 1/2" Begin to sew from the in side of the shoe.

4

Sew along the seam (top part of shoe in matte fabric) in a box the width of the ribbon/elastic. Once you make box, tie off with 3-4 knots

5

Repeat at both arches, then pull elastic to heel, pull taught and mark where the elastic best supports your foot and repeat box sewing. - Repeat both shoes 4 sewing locations each shoe.

6

Tie your ribbons, cut off so they are long enough to switch feet. Have an adult help burn ends of ribbons to keep from fraying.

